

# National DVT Risk Assessment Screening Program

NAME: \_\_\_\_\_

## DVT Risk Assessment/Patient Questionnaire

Date: \_\_\_\_\_ Age: \_\_\_\_\_ SEX: Male / Female Your home ZIP code \_\_\_\_\_

Height: Feet \_\_\_\_\_ Inches \_\_\_\_\_ Weight in pounds: \_\_\_\_\_

Race: Caucasian / African-American / Asian / Hispanic / Native American / Other

What specialty is your personal doctor or primary care physician? (Circle one)

Internist / Family practitioner / Cardiologist / Clinic doctor / HMO doctor

Osteopath / Other / I don't have a doctor

Do you have? Diabetes Y/N High blood Pressure Y/N Heart failure Y/N Smoker? Never / Now / Quit

Do you take blood thinner? None / Coumadin / Aspirin / Plavix / Ticlid / Pletal / Aggrenox

Why are you here today? (circle most appropriate):

|                                   |            |                       |                 |                    |
|-----------------------------------|------------|-----------------------|-----------------|--------------------|
| Do you have leg pain?             | (None)     | (Occasional)          | (Daily)         | (Limit activities) |
| Do you have swelling?             | (None)     | (Evenings/ankle only) | (Afternoon/leg) | (Morning/leg)      |
| Do you use compression stockings? | (Not used) | (Intermittent use)    | (Most days)     | (Continually)      |

### Medical History

(Circle appropriate answers)

Points  
for "yes"  
answer

|   |     |     |     |     |
|---|-----|-----|-----|-----|
| 1. Have you ever had a blood clot in your legs or lungs?  | Yes | No  | (3) |     |
| 2. Do you have a family history of blood clots in the veins?  | Yes | No  | (3) |     |
| 3. Do you have leg swelling every day?  | Yes | No  | (1) |     |
| 4. Do you have visible varicose veins or spider veins?  | Yes | No  | (1) |     |
| 5. Do you have inflammatory bowel disease?  | Yes | No  | (1) |     |
| 6. Do you have emphysema or COPD?   | Yes | No  | (1) |     |
| 7. Have you had more than three days of continuous bed rest due to injury or illness in past month? | Yes | No  | (1) |     |
| 8. Have you had a pelvic fracture or a plaster leg cast in the last month?                          | Yes | No  | (1) |     |
| 9. Have you had a heart attack or heart failure?  | Yes | No  | (1) |     |
| 10. Have you had major surgery lasting over an hour in the last month?                              | Yes | No  | (1) |     |
| 11. Do you have or have you had a malignant disease (cancer)?                                       | Yes | No  | (1) |     |
| 12. Do you weigh over 250 pounds?   | Yes | No  | (1) |     |
| 13. AGE (Circle) Under 40 40-59 (1) 60-69 (2) Over 70 (3)   | (0) | (1) | (2) | (3) |

*The following questions are for WOMEN only*

|   |     |    |     |
|---|-----|----|-----|
| 14. Do you use birth control pills or estrogen replacement therapy? | Yes | No | (1) |
| 15. Are you pregnant or had a baby within the last month?           | Yes | No | (1) |

Total: \_\_\_\_\_

(Add all points for "Yes" answer and "Age" group.)

*adapted from Caprini risk assessment*

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