

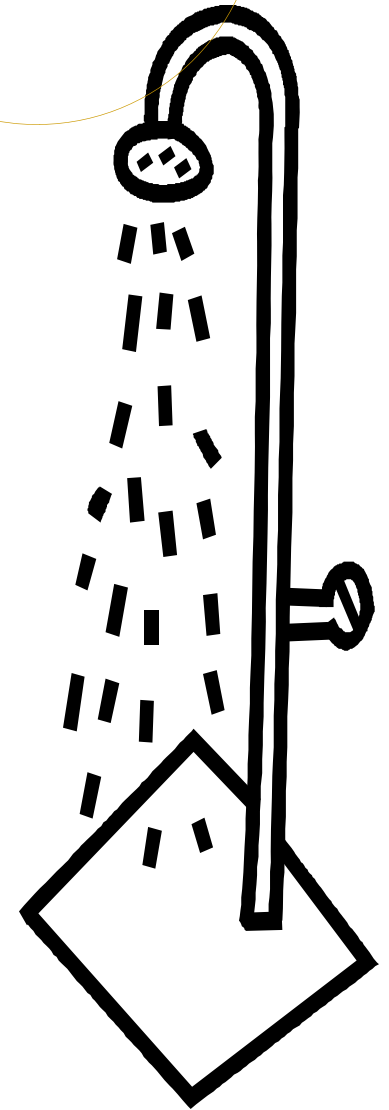
IF YOU
HAVE
ANY
QUESTIONS
PLEASE
CALL
(3 1 4)
4 5 4 - 8 1 3 8
TO SPEAK
WITH A
NURSE

CAUTION

DO NOT USE SCRUB CARE (CHG soap) ON YOUR HEAD OR FACE.
Avoid getting Scrub Care in your eyes - flush with water if Scrub Care does get into your eyes.

**Pre-Operative
Skin Preparation**

P A T I E N T
I N S T R U C T I O N S



SKIN PREPARATION

SPECIAL INSTRUCTIONS

Do not shave:

If you want to shave your face, legs or underarms, etc., you must shave ***before*** your evening (1st shower) shower/bath. Do not shave on the day of surgery. You may shave after the surgery has been performed.

After showering:

No Lotions

No Powders

No Creams

No Hair Products

No Vaselines

Underarm deodorant:

May be used but it must not contain powder.

Before surgery your entire body must be thoroughly cleaned with a special soap in order to decrease the amount of germs on the skin and reduce the chance of getting an infection.

The following instructions describe how your surgeon wants you to prepare for surgery.

Your nurse or healthcare worker will provide a special skin cleaner, Scrub Care. The entire bottle must be used between the 2 showers.

The 1st Shower

The evening before surgery, take a shower and wash your entire body, including your hair and scalp, in the following manner: Must use ½ of bottle for 1st shower!

- Wash hair using normal shampoo. Make sure you rinse the shampoo from your hair and body.
- Wash your face with your regular soap or facial cleanser.
- Using a clean fresh washcloth and 1/2 of the Scrub Care, wash from your neck **down. This is very important.**
- Rinse your body very thoroughly. **This is very important.**
- Using a clean fresh towel, dry your body. Dress in freshly washed clothes.
- Fresh clean sheets and pillowcases should be used after this shower/bath.

The 2nd Shower

On the day of surgery you will need to repeat the shower in the following manner. Must use ½ of bottle for 2nd shower!

- Wash hair using normal shampoo. Make sure you rinse the shampoo from your hair and body.
- Wash your face with your regular soap or facial cleanser.
- Using a clean fresh washcloth and 1/2 of the Scrub Care, wash from your neck **down. This is very important.**
- Rinse your body very thoroughly. **This is very important.**
- Using a clean fresh towel, dry your body. Dress with freshly washed clothes.

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